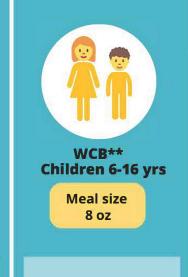
Great Salt Lake

Guide to eating waterfowl safely







Maximum meals per month

Maximum meals per month

Do not eat

Common goldeneye

You can't remove mercury by any cooking or cleaning

recommendations on the left to safely eat Common

methods. Instead, follow the monthly meal

Why is there a consumption advisory?

Common goldeneye from the Great Salt Lake have

high levels of mercury in them making them unsafe to eat in large amounts. Mercury is a heavy metal that can harm your health. Pregnant women and children under six are especially vulnerable to



harmful effects of mercury.

How can I reduce my risk?

goldeneye from the Great Salt Lake.



Male

Female

*Adults—Men over 16 yrs.; Women over 50 yrs. **WCB—Women of childbearing age (16-50 yrs.)

Serving size

A serving of is about the size and thickness of your hand. Pregnant or breastfeeding women and children should have smaller servings.

For adults



8 ounces

For children and pregnant women



4 ounces

Contact info

Health & Human Services: EEP@utah.gov Environmental Quality: deginfo@utah.gov

Natural Resources: 801-538-4700







